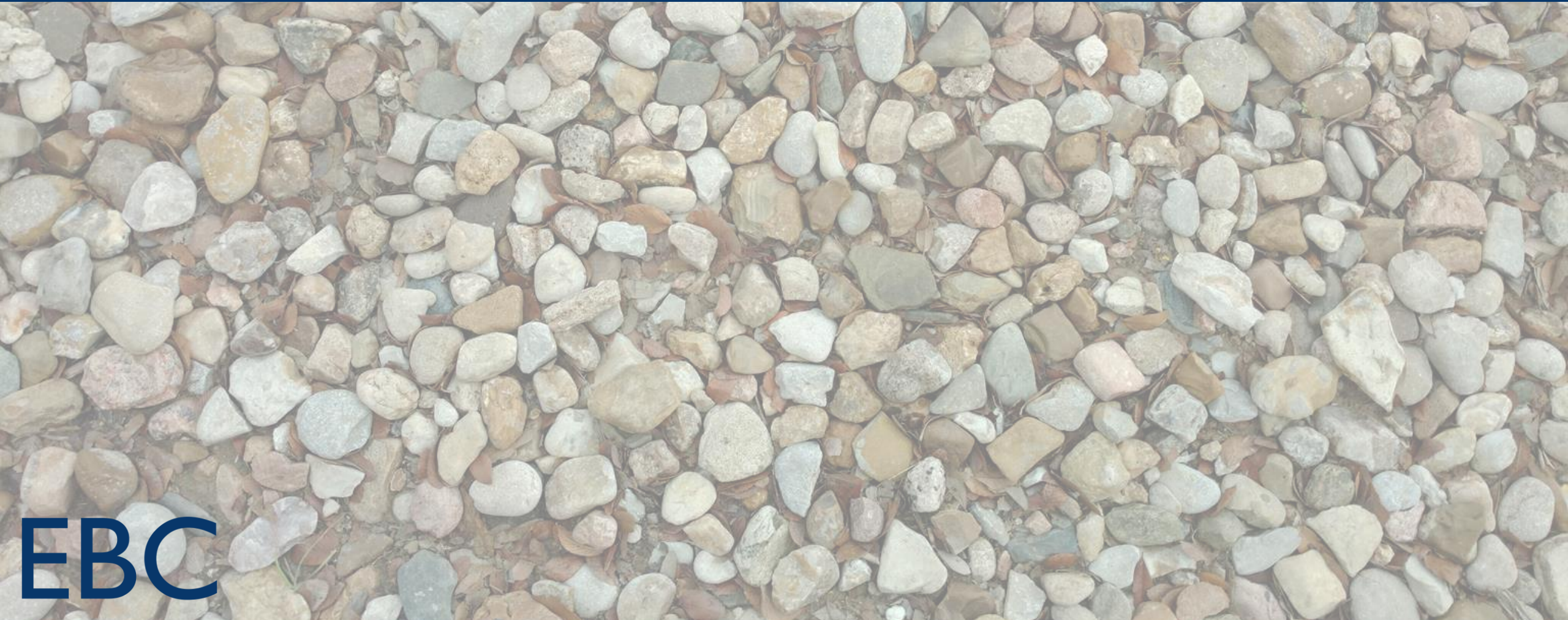


*EBC Emerging Contaminants Webinar*

# **Beyond PFAS – What Other Emerging Contaminants Should We Be Concerned With?**



**EBC**

# Welcome

---

## Steven LaRosa

*Member, Leadership Team*

*Emerging Contaminants Working Group*

*EBC TSCA and Emerging Contaminants Committee*

*Senior Project Manager, Weston & Sampson*



**Environmental Business Council of New England**  
*Energy Environment Economy*

# Thank you to our Sponsor

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EBC

# Introduction

---

**Jaana Pietari**

*Program Co-Chair and Moderator*

*Senior Managing Consultant*

*Ramboll*



**Environmental Business Council of New England**

*Energy Environment Economy*

# Understanding Microplastics

---

**Alia Enright**

*Project Engineer*

*TRC*



**Environmental Business Council of New England**

*Energy Environment Economy*

# Understanding Microplastics



- Not just microbeads
- Innumerable sources
- Exponential production trends

# Environmental Impacts



## Studies find microplastics in...

- Freshwater lakes, rivers, streams
- Ocean water (surface to deep; coasts to remote islands)
- Groundwater (karst)
- Arctic snow/ice
- Rainfall
- Wastewater effluent
- Stormwater
- Sediment
- Outdoor air
- Household air
- Human blood
- Human feces and urine
- Human placenta
- Earthworms
- Fish/shellfish
- Bottled Water
- Tap Water



Definition

Transport

Sampling

Risk

Guidance & Regulations

Management & Treatment



- Primary

- Cosmetics/cleaning products
- Pellets for manufacturing

- Secondary

- Wear and tear
- Mismanaged wastes





- **Variety of polymers**

- Polyethylene
- Polyethylene terephthalate
- Polyvinyl chloride
- Polystyrene
- Polypropylene
- Others (rubber, silicone, cellulose acetate, etc.)

- **Additives**

- BPA
- Phthalates
- Alkylphenols

Size



Macro



Micro



Nano

<5 mm

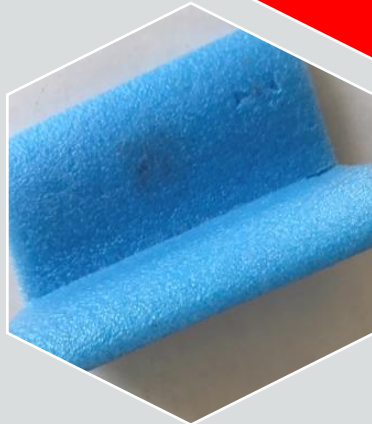
<100 nm

# Shape



Bead

Fiber



Foam



Film

Fragment



# Transport



- Wind
- Precipitation
- Surface Flow
- Ocean Currents
- Settling in Sediment
- Wastewater/Stormwater
- Sludge Application (agriculture)
- Mismanaged Wastes



# Sampling

## • Water

- Includes surface water, groundwater, stormwater, wastewater, drinking water
- Typical methods:
  - Grab sample
  - Neuston/bongo net
  - Extraction pump with sieves



## • Solids

- Includes sediment, sand, soil, biosolids
- Typical methods:
  - Corer/shovel
  - Grab sample



## • Air

- Includes outdoor and indoor
- Typical methods:
  - Passive atmospheric dust sampling



## • Biota

- Includes fish, invertebrates, vertebrates, plants, biofilms, humans
- Typical methods:
  - Large variety in methods depending on investigation intent

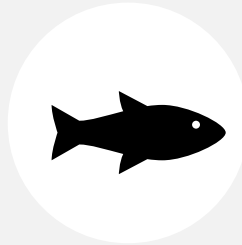


# Ecological Risk Studies



- **Fish** (*Daphnia magna*, *Oryzias melastigma*)

- Decreased growth/size
- Oxidative stress
- Accumulation in gill, intestine, liver
- Affect reproduction



- **Shellfish** (*Mytilus edulis* L.)

- Inflammatory response
- Histological changes



- **Plankton** (*Daphnia pulex*)

- Disrupt metabolism
- Immune defense

- **Coral** (*Cladocopium goreaui*)

- Reduced population/cell size
- Stress response

- **Earth worms**

(*Aporrectodea rosea*)

- Weight loss



- **Rice** (*Oryza sativa* L.)

- Oxidative stress
- Altered root growth

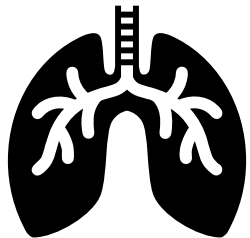
- **Terrestrial plants**

(*Arabidopsis thaliana*)

- Reduced biomass/height



- Main exposure routes
  - Ingestion
  - Inhalation
- 74,000 particles/year



## General Risks

- Stress
  - Oxidative stress
  - Inflammation
  - Immune response
- Lung scarring
- Digestive disease
- Tumor promotion



# Ecological & Human Risk



## Co-Contaminants

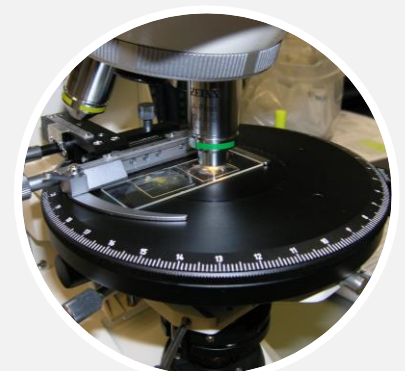
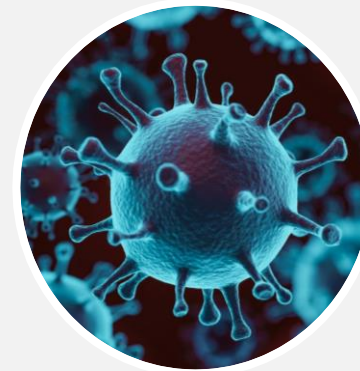
- Plastic additives
  - BPA
  - Phthalates
  - Alkylphenols
- Biological
  - Invasive species
  - Harmful algal blooms
  - Pathogens
- Sorbed Toxic Substances
  - PCBs
  - PAHs
  - Metals
  - Pesticides
  - PFAS

## Large Particles

- Perforation of digestive tract

## Nanoparticles

- Penetrate lipid membranes
- Cross blood-brain barrier



# Guidance & Regulations



## Guidance

- Technical
  - United States Environmental Protection Agency
  - Group of Experts on the Scientific Aspects of Marine Environmental Protection
  - Interstate Technology & Regulatory Council
  - National Oceanic and Atmospheric Administration
- Health
  - World Health Organization
  - National Institute for Occupational Safety and Health
- Business
  - World Wildlife Fund

## Regulations

- U.S. Regulations
- European Regulations

# Technical Guidance



## U.S. EPA

Summary of Expert Discussion Forum on Possible Human Health Risks from Microplastics in the Marine Environment  
EPA Forum Convened on April 23, 2014

United States Environmental Protection Agency  
EPA-822-R-16-009  
December 2016

State of the Science White Paper  
A Summary of Literature on the Chemical Toxicity of Plastics Pollution to Aquatic Life and Aquatic-Dependent Wildlife

Microplastics Expert Workshop Report  
Trash Free Waters Dialogue Meeting  
Convened June 28-29, 2017

EPA Office of Wetlands, Oceans and Watersheds  
Primary Author: Margaret Murphy, AAAS S&TP Fellow  
Report Date: December 4, 2017

## GESAMP

82  
REPORTS AND STUDIES  
GESAMP  
Proceedings of the GESAMP International Workshop on Microplastic particles as a vector in transporting persistent, bio-accumulating and toxic substances in the ocean

90  
REPORTS AND STUDIES  
GESAMP  
SOURCES, FATE AND EFFECTS OF MICROPLASTICS IN THE MARINE ENVIRONMENT: A GLOBAL ASSESSMENT

93  
REPORTS AND STUDIES  
GESAMP  
SOURCES, FATE AND EFFECTS OF MICROPLASTICS IN THE MARINE ENVIRONMENT: PART 2 OF A GLOBAL ASSESSMENT

## ITRC

INTERSTATE TECHNOLOGY & REGULATORY COUNCIL

Microplastics

Overview

ITRC's Team

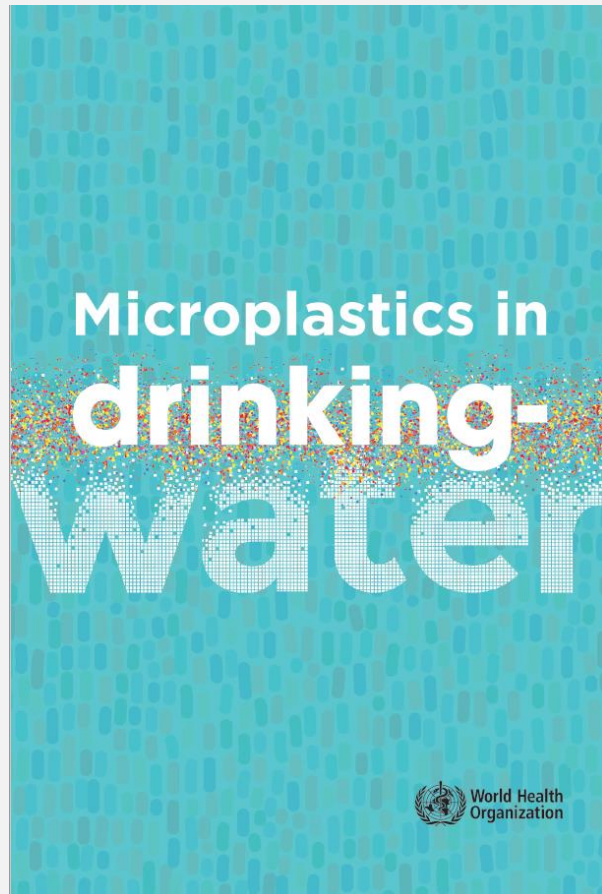
Team Leaders

## NOAA

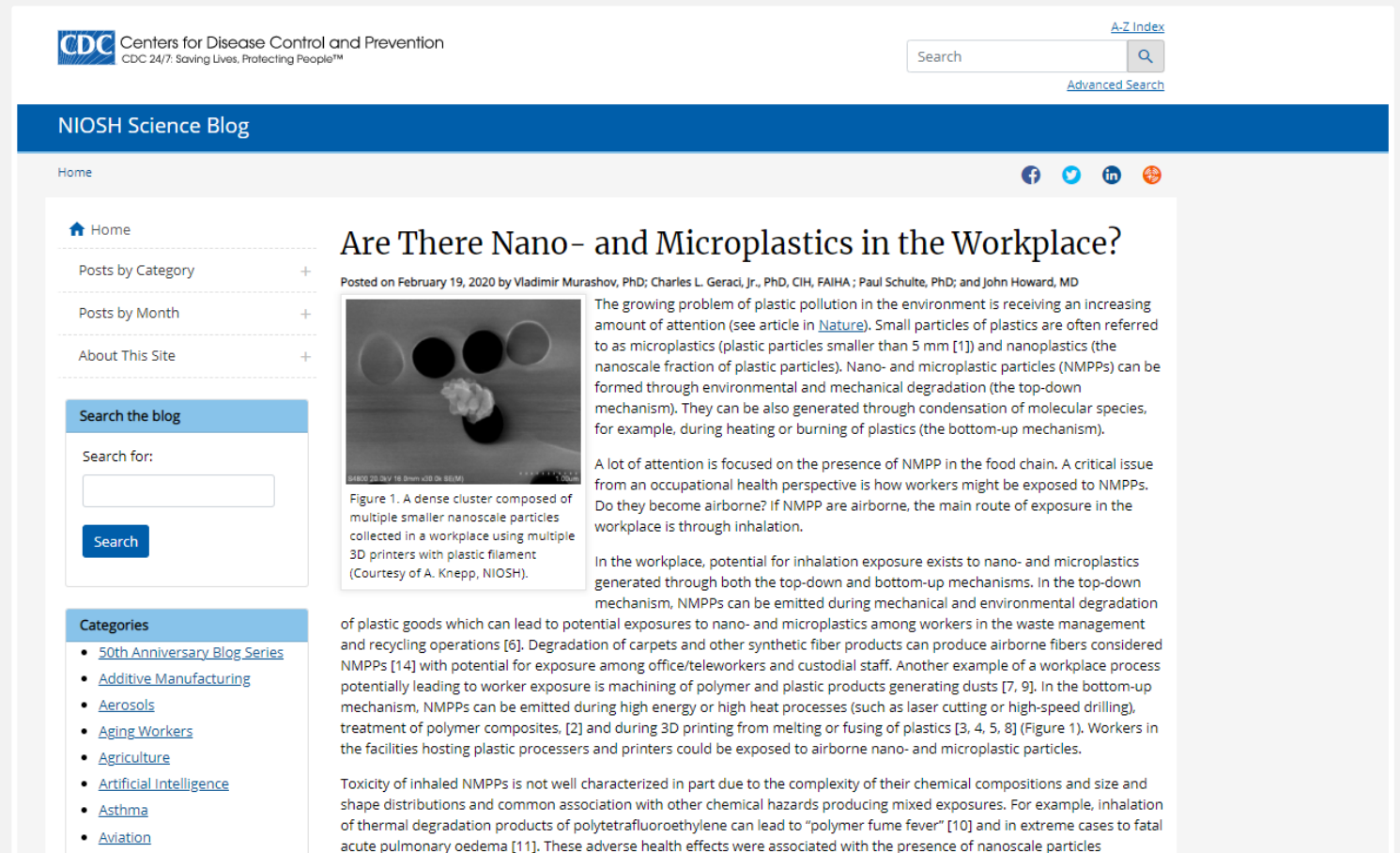
Laboratory Methods for the Analysis of Microplastics in the Marine Environment: Recommendations for quantifying synthetic particles in waters and sediments

NOAA Marine Debris Program  
National Oceanic and Atmospheric Administration  
U.S. Department of Commerce  
Technical Memorandum NOS-OR&R-48  
July 2015

## WHO



## NIOSH



The screenshot shows the NIOSH Science Blog homepage. At the top, there is the CDC logo and the text "Centers for Disease Control and Prevention CDC 24/7: Saving Lives. Protecting People™". A search bar and "Advanced Search" link are on the right. The main header is "NIOSH Science Blog". Below this, there are social media icons and a "Home" link. The left sidebar contains a "Search the blog" section with a search input and a "Search" button, and a "Categories" section with a list of links: "50th Anniversary Blog Series", "Additive Manufacturing", "Aerosols", "Aging Workers", "Agriculture", "Artificial Intelligence", "Asthma", and "Aviation". The main content area features an article titled "Are There Nano- and Microplastics in the Workplace?". The article is dated February 19, 2020, and is by Vladimir Murashov, Charles L. Geraci, Jr., Paul Schulte, and John Howard. It includes a photograph of a dense cluster of small particles (Figure 1) and discusses the growing problem of plastic pollution, the mechanisms of nanoplastic and microplastic generation, and the potential for occupational exposure through inhalation.

**Are There Nano- and Microplastics in the Workplace?**

Posted on February 19, 2020 by Vladimir Murashov, PhD; Charles L. Geraci, Jr., PhD, CIH, FAIHA; Paul Schulte, PhD; and John Howard, MD

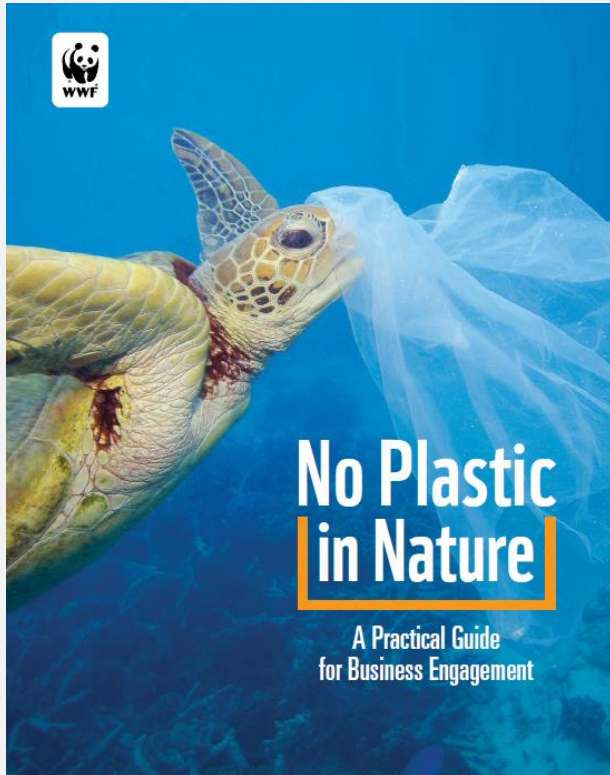
The growing problem of plastic pollution in the environment is receiving an increasing amount of attention (see article in [Nature](#)). Small particles of plastics are often referred to as microplastics (plastic particles smaller than 5 mm [1]) and nanoplastics (the nanoscale fraction of plastic particles). Nano- and microplastic particles (NMPPs) can be formed through environmental and mechanical degradation (the top-down mechanism). They can be also generated through condensation of molecular species, for example, during heating or burning of plastics (the bottom-up mechanism).

A lot of attention is focused on the presence of NMPP in the food chain. A critical issue from an occupational health perspective is how workers might be exposed to NMPPs. Do they become airborne? If NMPP are airborne, the main route of exposure in the workplace is through inhalation.

In the workplace, potential for inhalation exposure exists to nano- and microplastics generated through both the top-down and bottom-up mechanisms. In the top-down mechanism, NMPPs can be emitted during mechanical and environmental degradation of plastic goods which can lead to potential exposures to nano- and microplastics among workers in the waste management and recycling operations [6]. Degradation of carpets and other synthetic fiber products can produce airborne fibers considered NMPPs [14] with potential for exposure among office/teleworkers and custodial staff. Another example of a workplace process potentially leading to worker exposure is machining of polymer and plastic products generating dusts [7, 9]. In the bottom-up mechanism, NMPPs can be emitted during high energy or high heat processes (such as laser cutting or high-speed drilling), treatment of polymer composites, [2] and during 3D printing from melting or fusing of plastics [3, 4, 5, 8] (Figure 1). Workers in the facilities hosting plastic processors and printers could be exposed to airborne nano- and microplastic particles.

Toxicity of inhaled NMPPs is not well characterized in part due to the complexity of their chemical compositions and size and shape distributions and common association with other chemical hazards producing mixed exposures. For example, inhalation of thermal degradation products of polytetrafluoroethylene can lead to "polymer fume fever" [10] and in extreme cases to fatal acute pulmonary oedema [11]. These adverse health effects were associated with the presence of nanoscale particles

## WWF



WWF REPORT INT 2019

### SOLVING PLASTIC POLLUTION THROUGH ACCOUNTABILITY



**WARNING: Plastics are polluting nature, endangering wildlife and taxing natural systems. It is entering the food we eat and the air we breathe.**

## SHiFT Platform

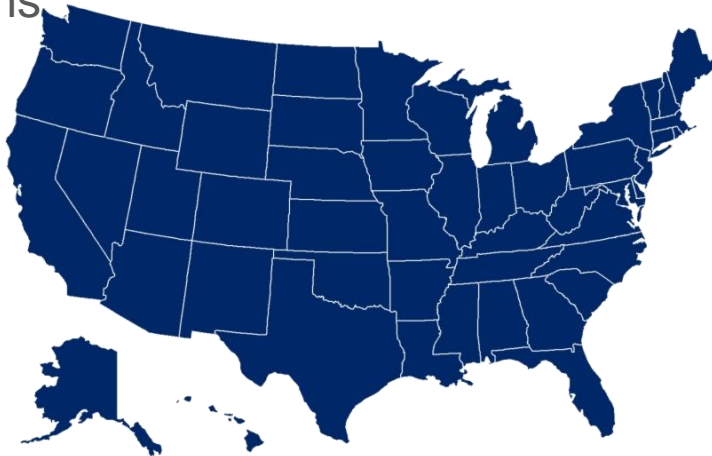
The screenshot shows the SHiFT platform interface. At the top, there is a menu icon on the left, the 'SHiFT' logo in the center, and a search icon on the right. Below the logo, the text reads: 'Find your role in solving ocean plastic pollution by using the filters above.' The main content area features a grid of filter cards with the following titles: 'ABOUT SHiFT', 'SHINE WITHOUT GLITTER', 'TRY PLASTIC FREE GARDENING', 'REPLACE PLASTIC FOOD SACHETS WITH SEAWEED', 'JOIN A VIRTUAL CLASS ON PLASTIC POLLUTION', 'REPLACE PACKAGING WITH TECHNOLOGY', 'REPLACE STYROFOAM WITH MUSHROOMS', and 'BAN COUNTRIES FROM EXPORTING PLASTIC WASTE'. To the right of the grid, there is a text block: 'GLOBALLY, THE WORLD PRODUCES OVER 390 MILLION TONNES OF PLASTIC PER YEAR, THE EQUIVALENT WEIGHT OF ALL HUMANS ON EARTH.' At the bottom right, there is a small 'Source' link.

# Regulations



## United States

- 2015 microbead ban
- California
  - Done - Definition
  - In Progress – Standardized sampling/analysis, monitoring, health effects
- Hawaii
  - Single use bans



## Europe

- Restrictions
- Bans
- Labeling
- Recycling accountability



# Management & Treatment



- Prevention is best
- Upstream actions for large sources
  - Solid waste management
  - Wastewater treatment removal
- Removal options for high impacts



# Solid Waste Management



- Volume
- Litter
- Transport
- Recycling
  - <10% recycled





# Wastewater Treatment

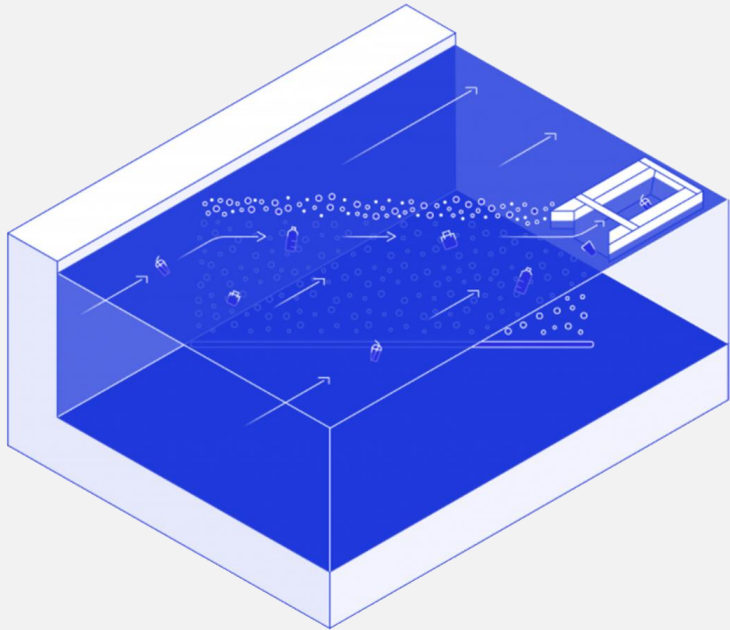


- Existing wastewater treatment facilities
  - >90% removal
  - Tertiary steps:
    - Drum/disc filter
    - Rapid sand filter
    - Membrane filter
- Sludge management
  - Incineration/landfill

# River Removal Technologies



## Bubble Barrier



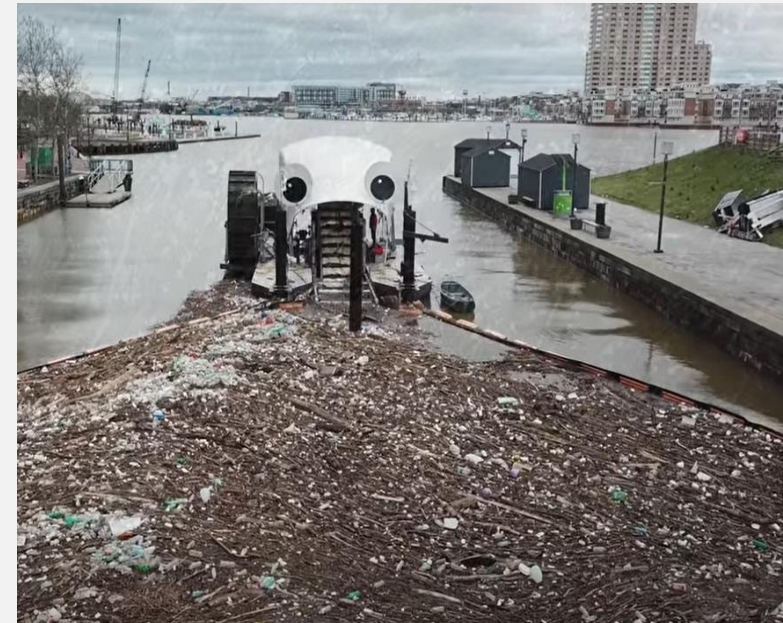
[thegreatbubblebarrier.com](http://thegreatbubblebarrier.com)

## Drain Socks



[www.youtube.com/watch?v=3klSpelek\\_4](http://www.youtube.com/watch?v=3klSpelek_4)

## Trash Wheel

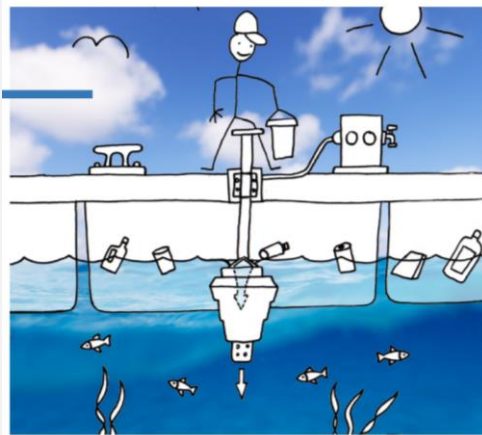


[mrtrashwheel.com](http://mrtrashwheel.com)

# Surface Water Removal Technologies



## Seabin



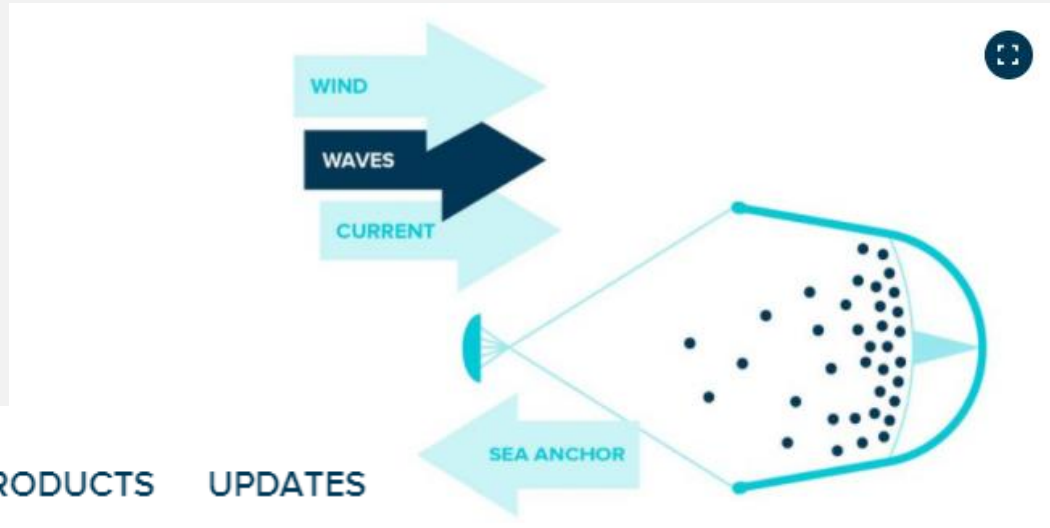
[seabinproject.com](http://seabinproject.com)

## Drones



[dronesolutionservices.com/wasteshark](http://dronesolutionservices.com/wasteshark)

## Passive floating collection system



THE OCEAN CLEANUP™

[OCEANS](#) [RIVERS](#) [PRODUCTS](#) [UPDATES](#)

[theoceancleanup.com](http://theoceancleanup.com)

# Sand/Solids Removal Technologies



Beach sand “vacuum”



[hoolaone.com](http://hoolaone.com)

# Summary

- Innumerable sources
- Ubiquitous in environment
- Risks present, but no standards yet
- Prevention/source reduction is key
- No silver bullet



Thank you

**Alia Enright, PE**

P: (608) 572-3845 | E: [AEnright@TRCcompanies.com](mailto:AEnright@TRCcompanies.com)

[www.TRCcompanies.com](http://www.TRCcompanies.com)

# Rapid Detection of Microplastic Particles in Water by Fluorescent Tagging

---

**Pamela Hizar**

*Microscopy Technical Manager*

*ALS Environmental*



**Environmental Business Council of New England**

*Energy Environment Economy*

# Rapid Detection of Micro Plastic Particles in Water by Fluorescent Tagging

**(ALS Cincinnati Test Code: MICRO\_FLUOR\_001)**

*Pamela M. Hizar*

*Microscopy Technical Manager*

*ALS Environmental*

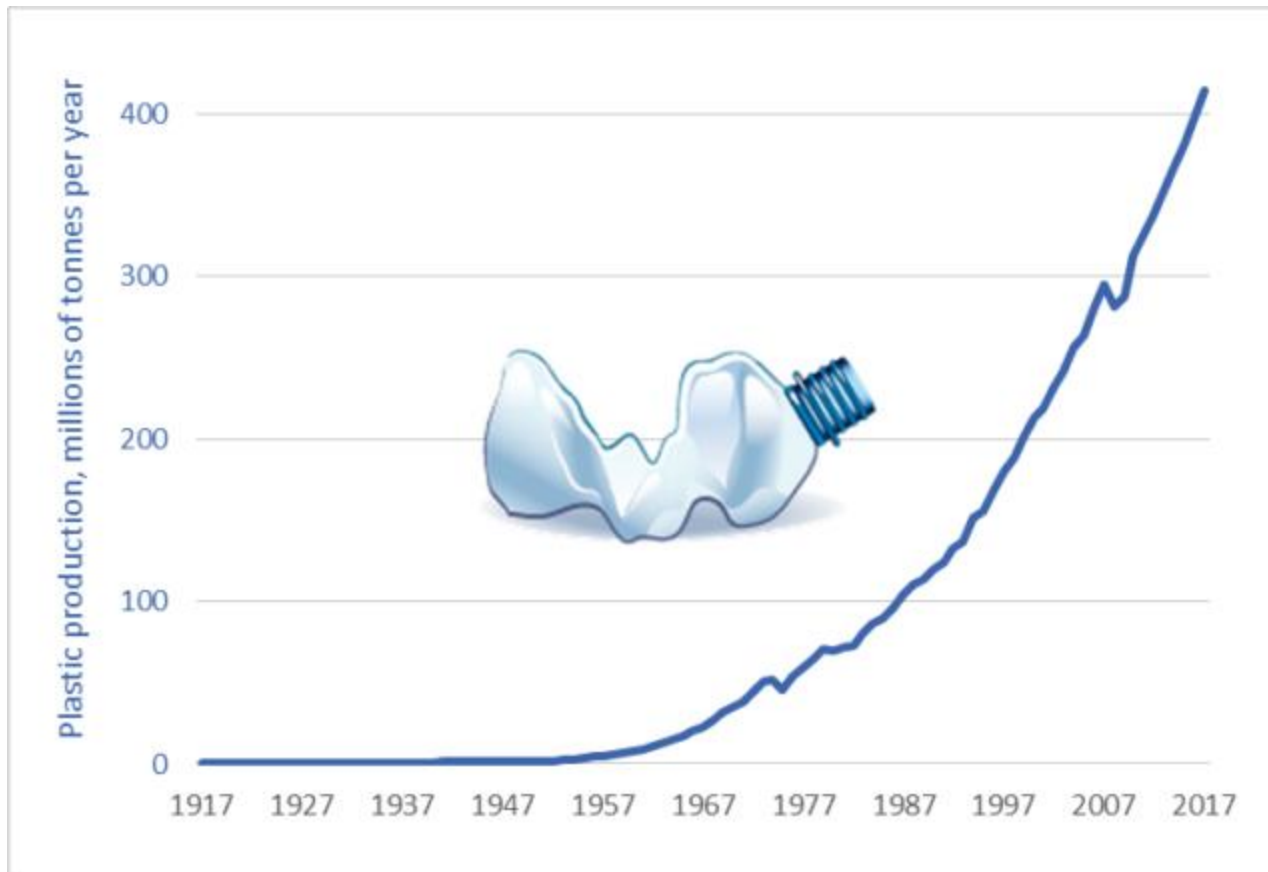
*Cincinnati, Ohio*



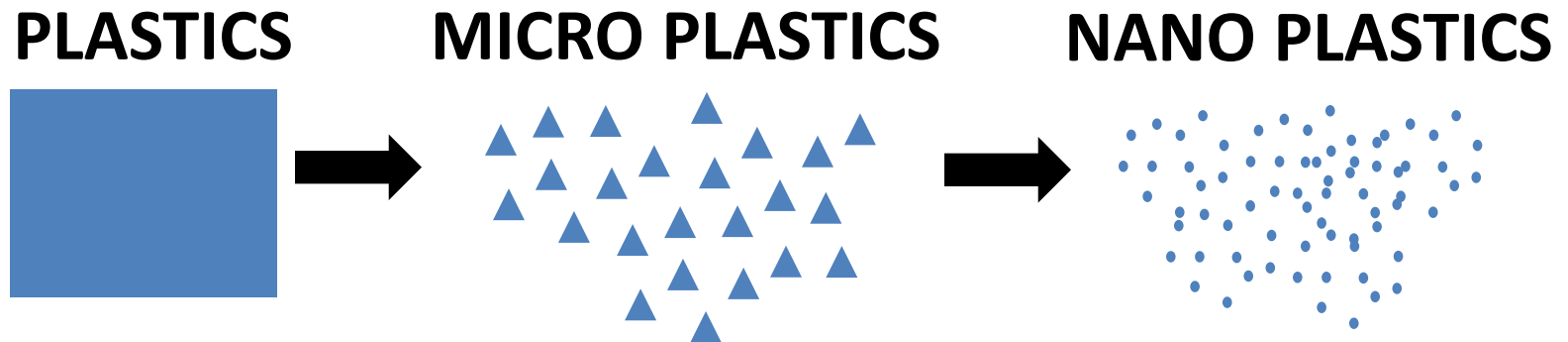
# NEED FOR MICRO PLASTICS TESTING

Exponential growth in plastic production;

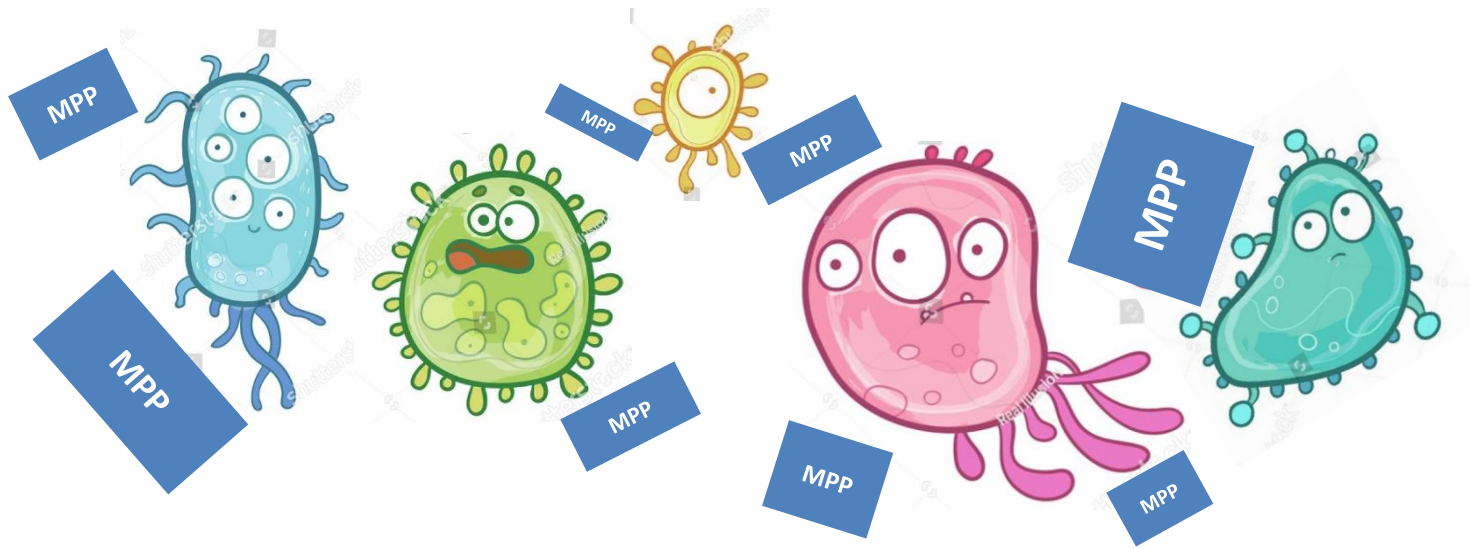
*1945 = 1M tons, 2014 = 300M tons, 2017 = >400M tons!*



The hydrocarbon chains in plastics are inherently stable.  
Plastics break down via photo-oxidation but their  
molecular structure doesn't change much...



Plastics are synthetic and have only been in our environment since ~1907 when humans began mass producing them. Most microorganisms haven't yet evolved to utilize them as a food source. So the degraded bits of 100+ years of plastics are largely still out there...



*Explosive rise in plastics manufacturing  
+ Lack of effective means of biodegradation  
= Plastic contaminating entire planet!*

**WATERS;** oceans, lakes, inland seas, rivers, wetlands, and tap waters.



**ORGANISMS;** from tiny plankton to huge whales & nearly every species in between!

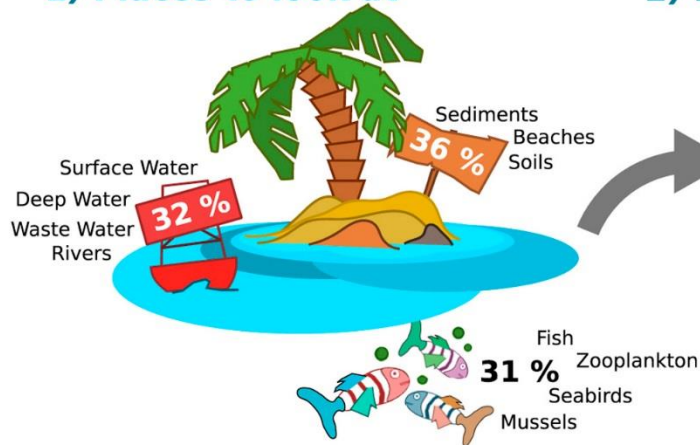
**CONSUMABLES;** fish, mussels, beer, sea salt, tea bags, and bottled water.



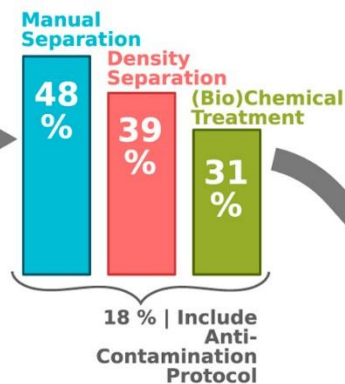
Since ~2004 when micro plastics first appear in literature, thousands of researchers have focused on the topic but to date there is a lack of standardization. Methodologies vary widely depending on the types of samples being analyzed, the complex ways they must be separated, treated and prepared, and the different instruments used for analysis.

## Analysis of Microplastics 2015-2017 a Review of 170 Research Papers

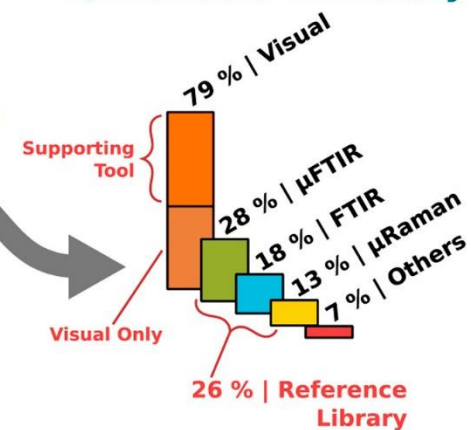
### 1) Places to look at



### 2) How to pretreat



### 3) Methods to classify



*In 2018 ALS Cincinnati developed a version of the “rapid screening” test based on the SUNY study, “Synthetic Polymer Contamination in Bottled Water.”*

# SUNY Study Synopsis

- Department of Chemistry,  
State University of New York (SUNY)  
at Fredonia  
Fredonia, NY, USA
  - “Synthetic Polymer Contamination in  
Bottled Water”
  - Sherri A. Mason, Victoria Welch,  
Joseph Neratko
  - T716.673.3292
  - Edited by:  
Teresa A.P. Rocha-Santos,  
University of Aveiro, Portugal
  - Reviewed by:  
Gerrit Renner,  
Hochschule Niederrhein, Germany;  
Monica F. Costa,  
Universidade Federal de  
Pernambuco, Brazil
  - Tested 259 individual bottles from  
27 different lots across 11 brands  
from 19 locations in 9 countries
  - **93% of all bottled water tested  
showed MPP contamination**
  - 5% of MPP >100µm averaging  
~10 MPP/L (*confirmed by FTIR*)
  - 95% MPP >6.5≤100µm averaging  
315 MPP/L (*using NR alone*)
  - **Total average of 325 MPP/L**
  - **NR alone proven sufficient for the  
rapid detection of polymerics  
including;**
    - polyethylene,
    - polypropylene,
    - polystyrene, and
    - nylon 6
- (5 Most common=PET,HDPE,PVC,LDPE,PP)

# ALS Method Synopsis

## Preparation/Analysis

- NR injected to  $10\mu\text{g}/\text{mL}^{-1}$
- Minimum 30min incubation
- Vacuum filtered through  $1\mu\text{m}$  GFF
- Optical microscope with integrated 3 MP camera
- Blue crime lite to elicit fluorescence
- 4 quadrants imaged at  $\sim 8x$  through orange filter
- Calibrated static image analysis software counts fluorescing particles and sizes them by area in square microns

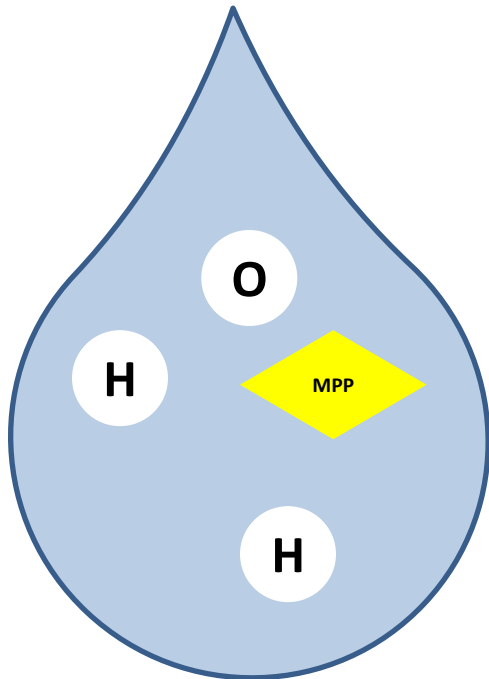
## Reporting Results

- $1 \text{ pixel} = 6.39\mu\text{m}^2$   
*Therefore, smallest reliably detected particle at this mag is set at  $6.5\mu\text{m}^2$*
- AS based on 1 MPP detected in the total area analyzed
- Sample volume filtered, effective filter area, magnification/image area and number of images analyzed all effect the final calculated AS
- Concentration (MPP/L) = AS \* #MPP
- Reported in size categories;
  - $>6.5\leq 10\mu\text{m}^2$
  - $>10\leq 100\mu\text{m}^2$
  - $>100\leq 500\mu\text{m}^2$
  - $>500\mu\text{m}^2\leq 1\text{mm}^2$
  - $>1\leq 5\text{mm}^2$

# Potable vs Non-potable

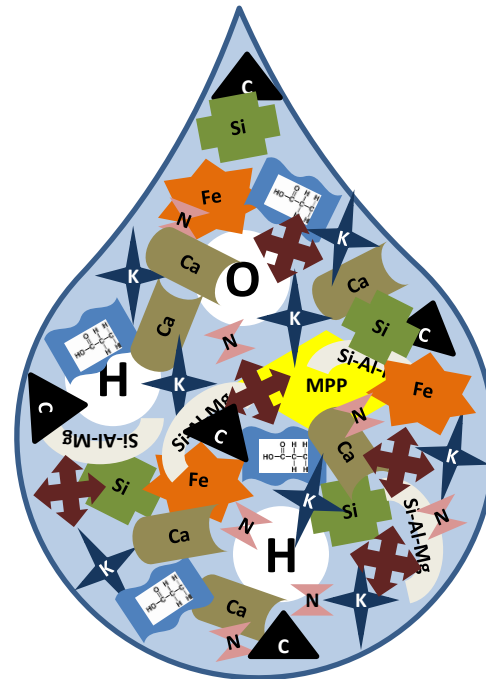
## Drinking Water

- Method was developed for bottled drinking waters containing few impurities to interfere with MPP detection



## Other “Waters”

- Tap, ground, waste, effluent, river, and other waters contain **MANY** impurities that can interfere with MPP detection





# 2 Types of Interferences

## OPAQUE PARTICLES

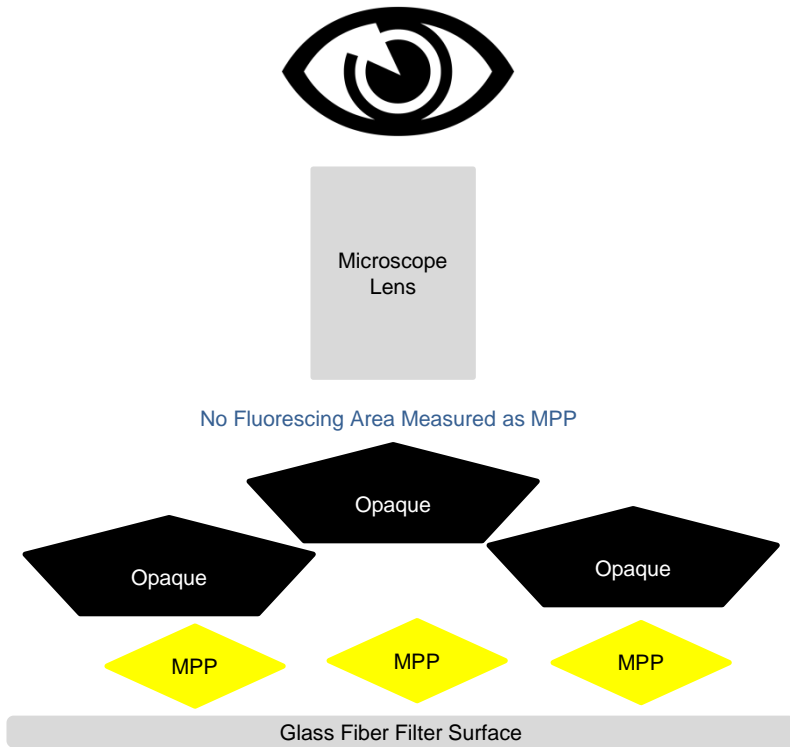
- Samples with high suspended solid opaque particles such as sediment, iron or other inorganics may obscure the view of fluorescing MPP by covering all or part of them
- *Entirely* covered MPP results in a **negative bias** by prohibiting detection of MPP underneath
- *Partially* covered MPP results in a **sizing bias** by making the fluorescing area appear smaller as part of them is hidden behind the opaques

## HIGH LIPID CONTENT

- Samples with high lipid content particles such as fats, oils and proteins may obscure the view of fluorescing MPP by masking all or part of them with the extreme fluorescence that lipids emit when stained with NR
- Intense fluorescence from lipids may *entirely* overwhelm the fluorescing MPP resulting in a **negative bias** by prohibiting their detection
- Intense fluorescence from lipids may *partially* overlap fluorescing MPP resulting in a **sizing bias** by making the fluorescing area appear larger

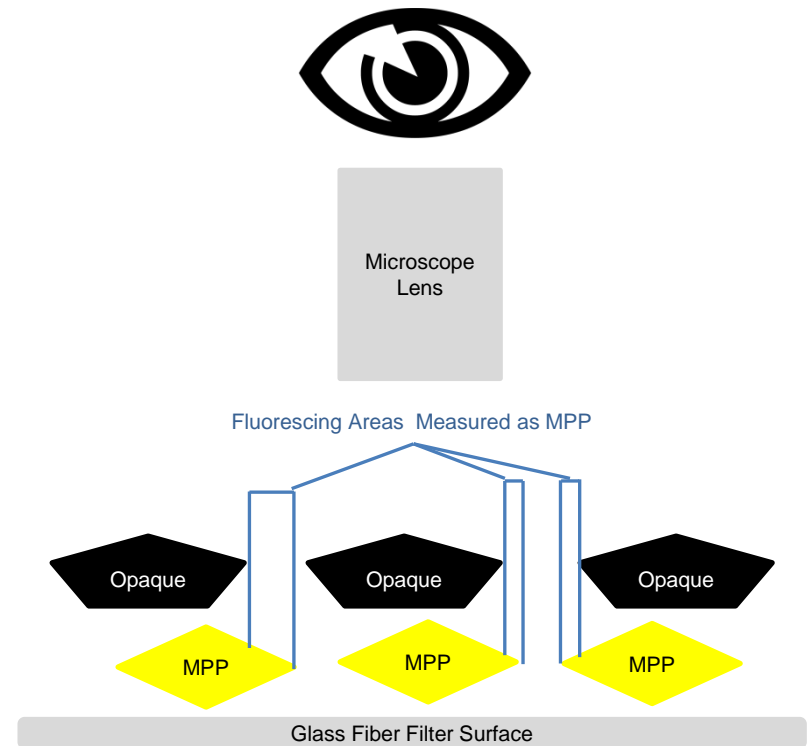
## OPAQUE PARTICLES

Completely covering MPP = Negative Bias



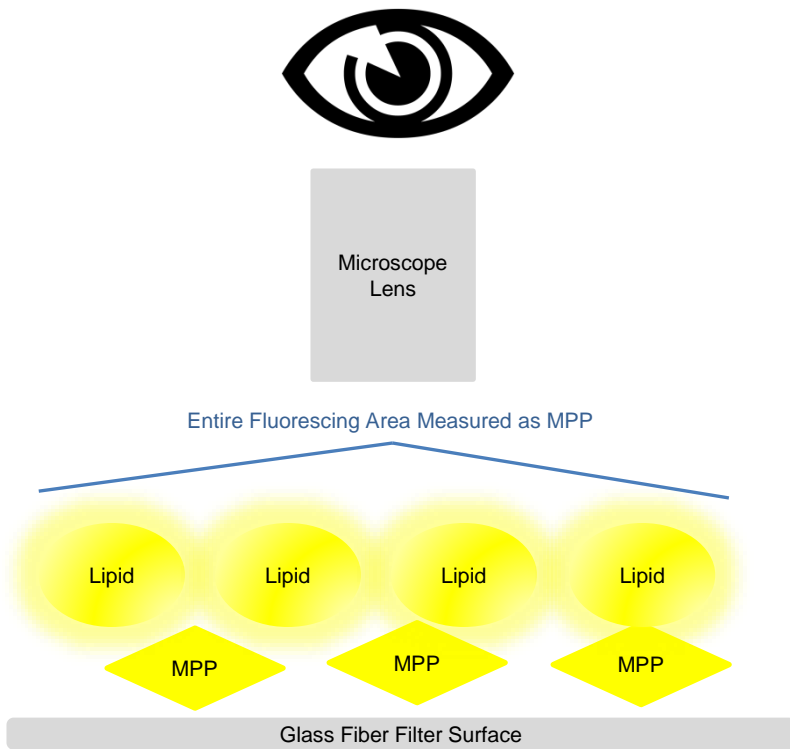
## OPAQUE PARTICLES

Partially covering MPP = Sizing Bias



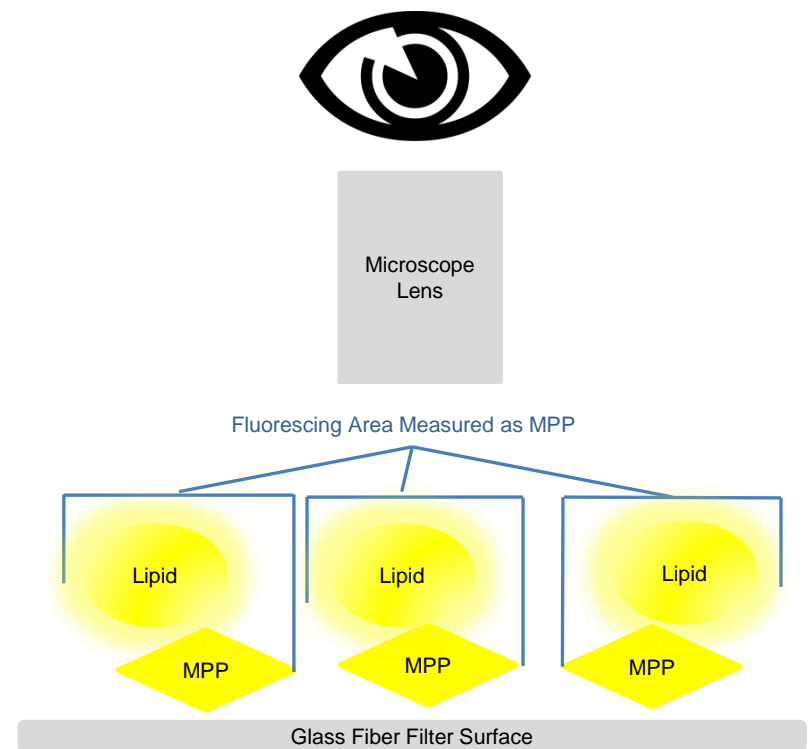
## HIGH LIPID PARTICLES

Completely obscuring MPP = Negative Bias



## HIGH LIPID PARTICLES

Partially obscuring MPP = Sizing Bias



# Resolving Interferences

- All particles must be dispersed across the filter surface to minimize overlapping
- Therefore, samples containing high concentrations of suspended solids or other interfering materials may require dilution and filtration of very low volumes resulting in extremely high AS

# Harmful Algal Blooms: Management and Control

---

**Matt Ladewig**

*Senior Water Resources Manager  
ESS Group, Inc.*



**Environmental Business Council of New England**  
*Energy Environment Economy*

# Harmful Algal Blooms: Management and Control

## EBC Virtual Webinar

“Beyond PFAS – What Other Emerging Contaminants  
Should We Be Concerned With”?

**ESS Group, Inc.**

**Matt Ladewig, CLM**

May 18, 2021



# Overview

- What are Harmful Algal Blooms (HABs)?
- What causes HABs?
- How are HABs monitored?
- How can HABs be managed?
  - Time-tested management approaches
  - Case study
  - Other approaches



# What Are Harmful Algal Blooms?...

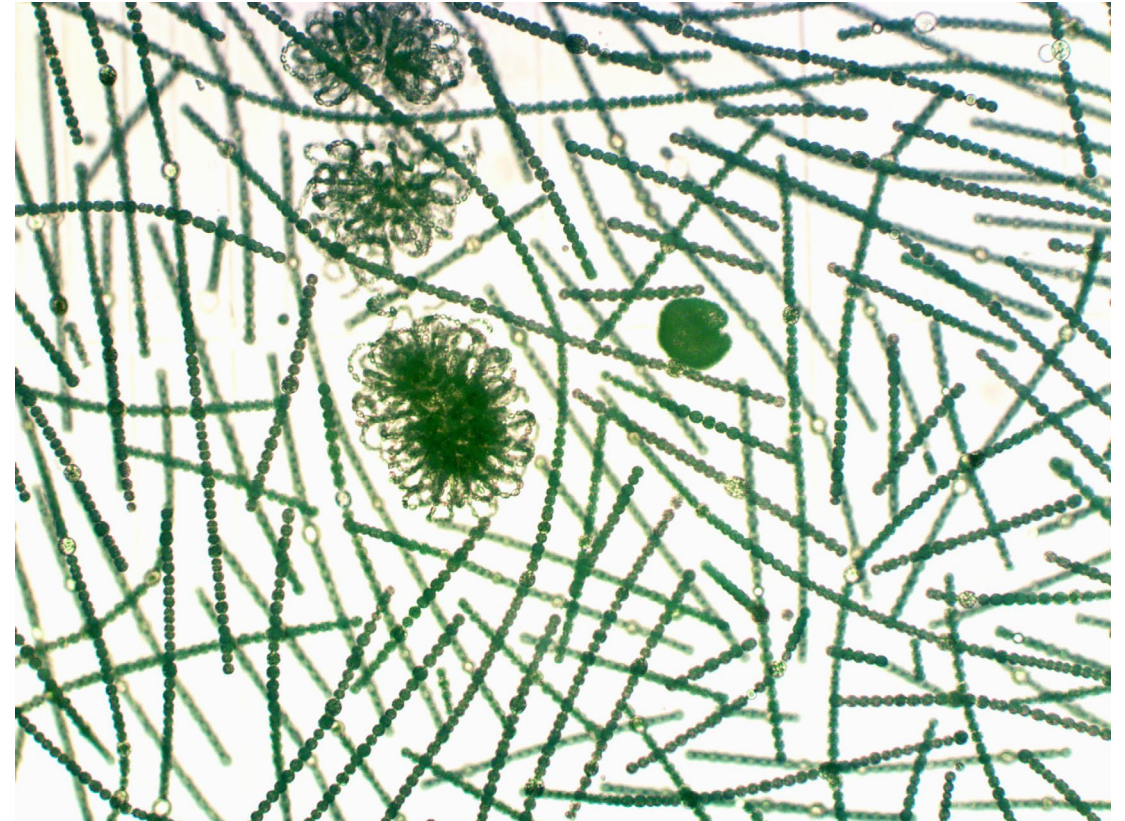
- In freshwater, HABs typically = cyanobacteria (ITRC calls them HCBs)
  - Not strictly “algae”
  - Widely adapted – found almost everywhere
  - Can be highly visible (e.g., scums, spilled paint, or pea soup) but not always
  - Many able to control buoyancy and some able to fix atmospheric nitrogen





# How Are Blooms Harmful?

- Potentially toxigenic but not always toxic – not entirely certain why
  - Microcystin – hepatotoxin
  - Cylindrospermopsin – hepatotoxin
  - Anatoxin-a – neurotoxin
  - Saxitoxin – neurotoxin
  - Others
- May also produce taste and odor compounds (e.g., MIB, geosmin)
- Drinking water or recreational health advisories



# How Can We Assess HABs?

- Visual monitoring
- Grab sampling
  - Taxonomic analysis and cell counts
  - Field screen or lab testing of toxins
- SPATT – unattended samplers
- Continuous data buoys/logger arrays
  - Pigments
  - Dissolved oxygen
  - Turbidity, pH, etc.
- Remote sensing



# What About Prevention?

- HAB prevention is difficult
- Unlike invasive mussels and plants, keeping cyanobacteria out is not a viable option
- Ambient phosphorus increasing at a continental scale and even some “pristine” water bodies experience cyanobacteria blooms
- Climate change favoring cyanobacteria – longer, warmer growing seasons & more extreme precip
- Prevention requires active measures



**STOP AQUATIC  
HITCHHIKERS!™**

Be A Good Steward.  
Clean. Drain. Dry.

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# Time-tested Management Methods

- Algaecides
- Nutrient Inactivation - Alum

# Algaecides

- Many copper-based formulations (copper sulfate, chelated copper) but also hydrogen peroxide (e.g., PAK 27)
- Chemically kills algae/cyanobacteria
- Relatively low cost per dose



Advantages	Limitations
Fastest control, especially over large areas	Rapid lysing of cells may release cyanotoxins (if present) and deplete dissolved oxygen
Some selectivity possible with different formulations	May impact some non-target organisms
	Does not address cause/no lasting water quality benefits

# Nutrient Inactivation - Alum Part I

- Aluminum sulfate
  - Forms flocculent that sinks to the bottom
  - Al binds P even where dissolved oxygen is absent
- Different application strategies
  - Stripping
  - Maintenance
  - Sediment dosing
  - Dosing stations
- Requires careful planning, application, and monitoring to get dose right and avoid impacts to aquatic organisms



# Nutrient Inactivation - Alum Part II

- Often buffered with sodium aluminate in softwater lakes
- Polyaluminum chloride (PAC) also used, particularly for dosing stations
- Cost per unit P removed is very low (but varies with commodity prices)



Advantages	Limitations
Addresses typical cause of cyano dominance (excess phosphorus)	More logistically difficult than algaecide treatments
Works quickly and can be effective for extended periods of time (decades, in some cases)	If not well-designed/applied or monitored, can result in non-target species impacts (typically at higher doses)
Long track record of implementation with substantial body of peer-reviewed literature	In-lake treatments may not address external loading. Dosing stations may not address internal loading.

# Case Study – In-Reservoir Alum Treatment





# Other Management Methods

- Aeration/Circulation
- Biological Controls
- Dyes
- External Source Controls
- Sonication
- More...



# Aeration/Circulation

- Mixing and/or introduction of air/oxygen
- Controls cyanobacteria through one or more mechanisms (light limitation, enhanced P binding, etc.)
- Proper design and sizing critical to success
- Costs vary substantially by volume, technology, and design requirements

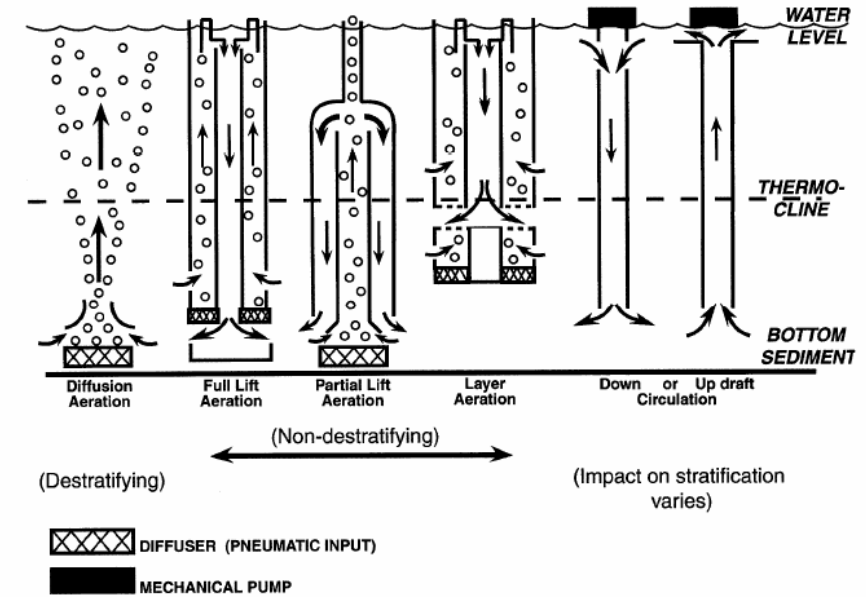


Figure 3-1 Methods of artificial circulation and aeration (from Wagner, 2001)

Advantages	Limitations
Improves dissolved oxygen levels – benefit to aquatic life	O & M costs high (some solar-powered options but these are often underpowered for natural lakes)
Enhances P removal – helps control a driver of HABs	Few large-scale projects achieve desired goals and some produce unintended consequences

# Biological Controls

- Wide range of “natural” controls
  - Barley Straw – bales in the water
  - Bioaugmentation – adding microbes to compete with algae and/or enhance biogeochemical processes
  - Biomanipulation – usually fish stocking to enhance zooplankton grazing
- Costs typically low



Advantages	Limitations
Biomanipulation can be effective where fishery has become dominated by planktivorous species	Lack of sufficient peer-reviewed literature to support use of most
Does not come with stigma of mechanical or chemical approaches	Predictability of outcome is low
	Risk of impact to non-target species

# Dyes

- Addition of concentrated dyes to reduce light
- Must be reapplied over growing season to maintain control
- Cost per volume treated is fairly high



Advantages	Limitations
Dyes are non-toxic	Often simply masks the problem
Can be used to manage both plant and algae growth	May actually select for certain cyanos
	Not useful in well-flushed ponds
	Possible impact on non-target species

# External Source Controls

- Mainly watershed stormwater controls targeting nutrients
- Wide variety of controls, including structural and non-structural
- Cost varies but often among most expensive per unit P removed



Advantages	Limitations
Addresses cause of the problem, where external pollutant loading is a primary source	May take years to assess, fund, implement, and see improvements in water quality
May provide opportunity to incorporate other community amenities and benefits	Operations and maintenance requirements may be extensive
Often removes other pollutants, too	Hard to achieve substantial improvements in bigger and more urbanized watersheds

# Sonication

- Ultrasonic disruption of cyanobacteria
- Ruptures internal cell structures (gas vesicles) without lysing cells
- Cost varies by number of units needed, power to operate, and optional features (e.g., sensors)



Advantages	Limitations
Potential for selectivity	May take days or weeks of operation to see results
Can be placed at critical locations	Operations and maintenance costs can be high over the life of the units
	Does not address cause of blooms
	Proprietary nature of units makes it difficult to assess effectiveness of approach as a whole

# A Few More

- Dilution – introduction of clean, nutrient-poor water
- Dredging – removal of internal loading source (sediments)
- Hypolimnetic Withdrawal – removal of oxygen poor/nutrient rich water
- Non-alum Nutrient Inactivation – addition of other P binders such as calcium, iron, or lanthanum/bentonite clay (Phoslock)
- Nutrient Harvesting – targeted capture and removal of biomass or P released from sediments
- Sediment Inversion – inversion of clean sediments over P-rich ones
- Shading – extreme light limitation
- This list is not exhaustive

# How To Succeed at HAB Management

- Clearly identify water body uses and goals
- Diagnose the key drivers of HABs in your system
- Assess how climate change, development pressure, and other environmental shifts may impact your system in the future
- Develop a long-term management plan that is holistic, realistic, and adaptive
- Act, implement, do





**Thank You.**

**Questions?**



Matt Ladewig, CLM | 401-330-1204 | [mladewig@essgroup.com](mailto:mladewig@essgroup.com)

# Pharmaceuticals in our Water: What are the Concerns?

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**Jaana Pietari**

*Senior Managing Consultant*

*Ramboll*



**Environmental Business Council of New England**

*Energy Environment Economy*

# **PHARMACEUTICALS IN OUR WATER:**

## **WHAT ARE THE CONCERNS?**

**EBC Emerging Contaminants Webinar**

**Beyond PFAS – What Other Emerging Contaminants Should We Be Concerned With?**

**Jaana Pietari, PhD, MBA, PE**

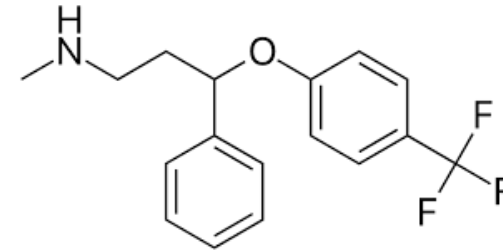
**May 18, 2021**

# AGENDA

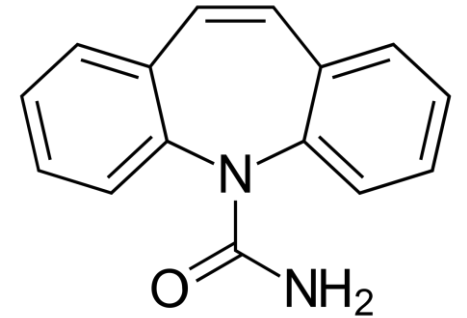
- 01** Introduction
- 02** Sources and Pathways
- 03** Environmental Occurrence
- 04** Potential Impacts & Regulation
- 05** Key Takeaways

# PHARMACEUTICALS AS ENVIRONMENTAL CONTAMINANTS?

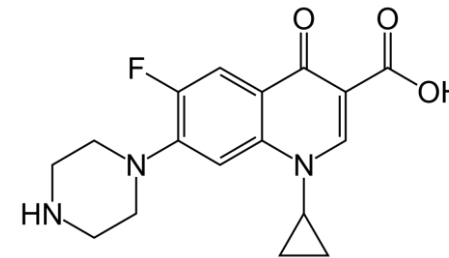
- **Pharmaceuticals** include drugs for human and animal use, including
  - Prescription drugs, over-the-counter drugs
  - Homeopathic drugs, compounded drugs
  - Investigational new drugs
  - Dietary supplements
- Numerous compounds in several **therapeutic classes**
  - 1000+ to 4,000+ compounds
  - Antibiotics, antihistamines, antidepressants, antivirals, etc.
- Range of physical properties
  - Designed to be stable & taken up by organisms



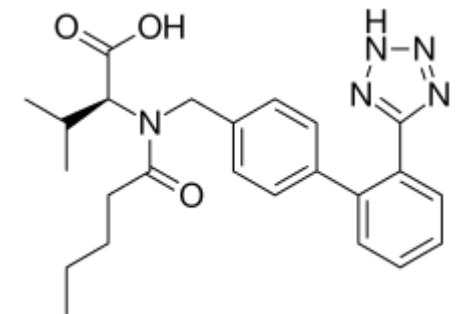
**Fluoxetine**



**Carbamazepine**

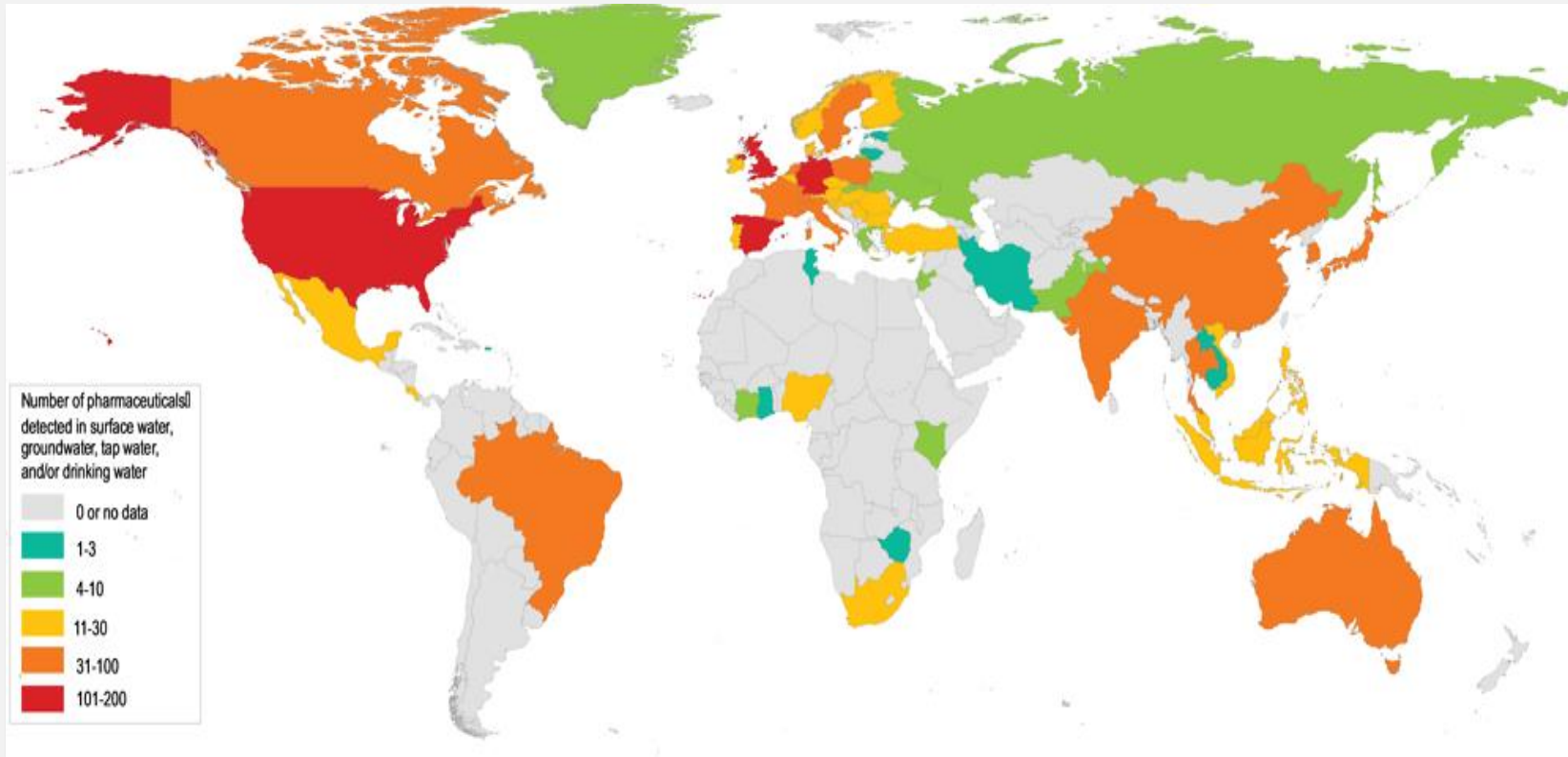


**Ciprofloxacin**



**Valsartan**

# PHARMACEUTICALS ARE UBIQUITOUS IN THE ENVIRONMENT



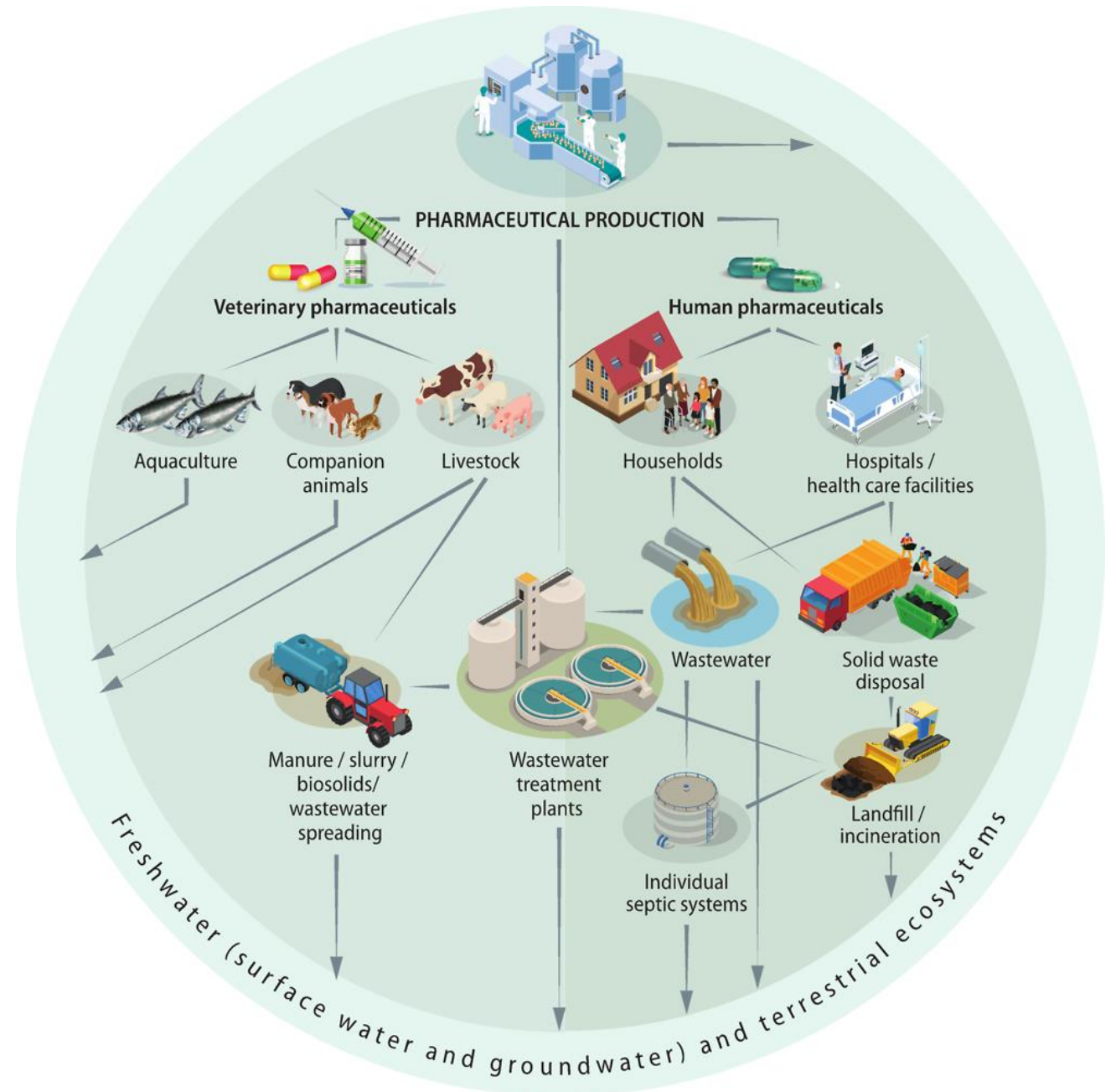
- Pharmaceuticals Detected in
  - Surface waters
  - Wastewater effluents
  - Biosolids/Sewage sludge
  - Drinking water
  - Groundwater

# THE GROWING PHARMACEUTICAL MARKET

MARKET	MARKET DRIVERS	DRUGS
<ul style="list-style-type: none"><li>• 2020: \$1.23 trillion</li><li>• 2025: \$1.70 trillion</li><li>• U.S has 48.7% share</li></ul>	<ul style="list-style-type: none"><li>• Increasing population</li><li>• Aging population</li><li>• Increasing food production</li><li>• Climate change?</li></ul>	<ul style="list-style-type: none"><li>• More than 1,400 drugs approved by FDA</li><li>• Average of 43 drugs approved per year</li><li>• Number of approved drugs increasing</li><li>• 20,000+ prescription drug products approved for marketing</li></ul>

# MULTIPLE PATHWAYS TO THE ENVIRONMENT

- Human use: **wastewater** from households
- Veterinary use: **land application** of manure/slurry
- Manufacturing plants may be “hotspots”



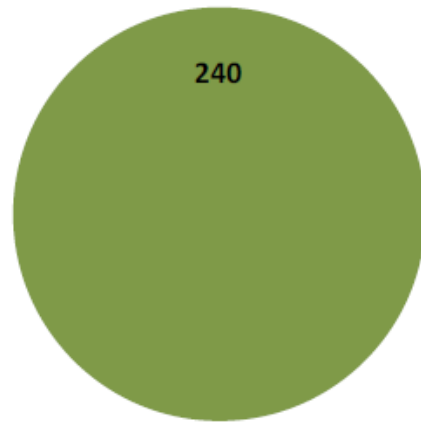


# PHARMACEUTICALS IN THE ENVIRONMENT

WWTP EFFLUENTS	DRINKING WATER	GROUNDWATER
<p><b>Kostitch et al. 2014:</b></p> <ul style="list-style-type: none"><li>• 63 prioritized pharmaceuticals and metabolites from 50 large WWTPs</li><li>• 43 detected at least once in effluents</li><li>• Antihypertensives detected most frequently and at highest concentrations<ul style="list-style-type: none"><li>• Hydrochlorothiazide detected in all samples</li><li>• Valsartan at 5,300 ng/L</li></ul></li></ul>	<p><b>Furlong et al. 2017:</b></p> <ul style="list-style-type: none"><li>• 118 pharmaceuticals in drinking water samples from 25 U.S. treatment plants</li><li>• Concentrations substantially reduced by treatment</li><li>• Some may persist through treatment (e.g. lithium, carbamazepine)</li></ul>	<p><b>Bexfield et al. 2019:</b></p> <ul style="list-style-type: none"><li>• 1000+ sites in Principal Aquifers evaluated for 21 hormones and 103 pharmaceuticals</li><li>• At least one compound detected in 5.9% of public and in 11.3% private wells</li><li>• Vulnerability of groundwater to contamination by pharmaceuticals compounds low</li></ul>

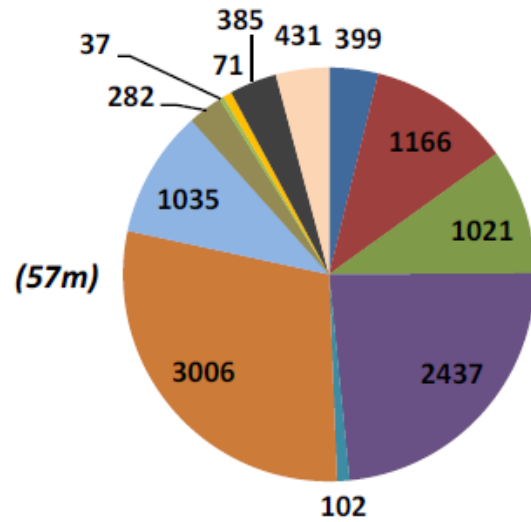
# MUDDY CREEK: 31 PHARMACEUTICALS DETECTED IN WWTP EFFLUENTS AND DOWNSTREAM

**Site 1: Upstream**



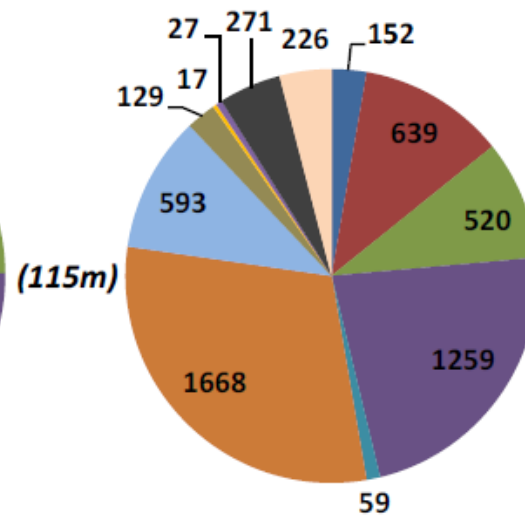
[252.5 ng/L] total

**Site 2: WWTP Effluent**



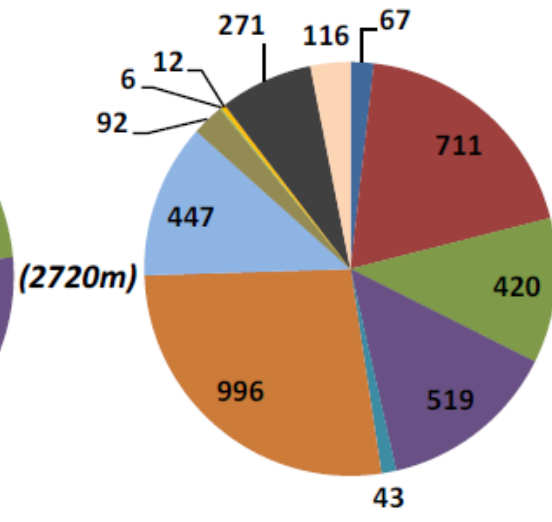
[10,373 ng/L] total

**Site 3: Downstream 1**

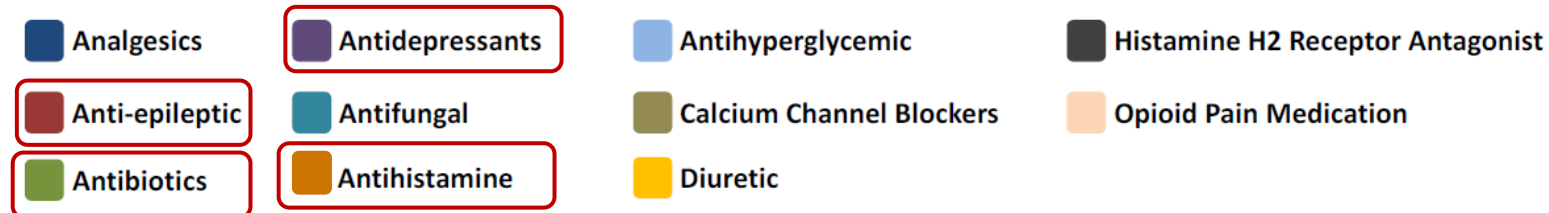


[5,561.5 ng/L] total

**Site 4: Downstream 2**



[3,699.4 ng/L] total



# PHARMACEUTICALS MEASURED IN EFFLUENTS AND SURFACE WATER

Therapeutic Class	Pharmaceutical	WWTP Effluent (ng/L)	Surface Water (ng/L)
Antibiotics	trimethoprim	<0.5 – 7,900	2 – 212
	ciprofloxacin	110 – 1,100	-
	sulfamethoxazole	5 – 2,800	7 – 211
Analgesics and anti-inflammatory	naproxen	<1 – 5,100	0 – 135
	ibuprofen	220 – 3,600	0 – 34
Anticonvulsants	carbamazepine	111 – 187	2.7 – 114
Beta-blockers	atenolol	879	-
Blood lipid modifying agents	clofibrate acid	ND – 33	3.2 – 27
	gemfibrozil	9 – 300	5.4 – 16
Hormones	Estriol	-	12
	Estrone	<1 – 54	0 – 38
	Progesterone	-	14 – 27

# EFFECTS OF PHARMACEUTICALS: LITTLE EVIDENCE OF DIRECT RISK TO HUMAN HEALTH

- More toxicological information available for pharmaceuticals than for other contaminants
- Concentrations well below therapeutic doses
- Data gaps and uncertainties:
  - Mixture effects
  - Sensitive populations
  - Analytical methods and limitations
  - Prioritization
  - Data to support risk assessments



# EFFECTS OF PHARMACEUTICALS: ECOLOGICAL EFFECTS ARE A CONCERN

- Adverse effects on ecosystems, include mortality, and changes to physiology, behavior, reproduction
  - Antifungals affect fish growth
  - Antidepressants alter fish behavior
  - Endocrine disruptors affect fish reproduction
- Of greatest concern are hormones, antibiotics, analgesics, antidepressants, antiparasitics and anticancer pharmaceuticals



# EFFECTS OF PHARMACEUTICALS: ECOLOGICAL EFFECTS ARE A CONCERN

- Antidepressants, psychiatric drugs, and antihistamines can affect fish behavior at levels close to those found in natural systems

Trait	Direct	Indirect
Activity	Cooperation	Community structure
Aggression	Dispersal/Migration	Cross-boundary effects
Boldness	Feeding rate	Ecosystem function
Exploration	Mating success	Feedbacks
Sociality	Parental care Predator avoidance	Population dynamics Trophic cascades



# ANTIMICROBIAL RESISTANCE – A GROWING HEALTH THREAT

- Antimicrobial resistance (AMR) occurs when microorganisms become resistant to antibiotics, antifungals or antivirals
  - Mutation of existing DNA or direct exchange from other bacteria
  - Misuse and overuse of antibiotics
- Wastewater, agriculture and aquaculture sources of antibiotic resistant bacteria and genes
- Role of environment still unclear
  - Route, reservoir & arena for resistance evolution
  - Exposures to antibiotic resistant bacteria



# REGULATIONS

- Pharmaceuticals are not regulated in drinking water or wastewater effluents
- Recent 2019 regulations ban disposal of hazardous waste pharmaceuticals in sewer at healthcare facilities and reverse distributors
- Environmental effects may be evaluated as part of new drug approvals
- Contaminant Candidate Lists
  - Hormones & antibiotic (CCL3)
  - Hormones (CCL4)
  - Lithium (proposed CCL5)
- Industry voluntary actions (AMR, Pharmaceuticals in the Environment in Europe)



# KEY TAKEAWAYS

- Pharmaceuticals are a large and diverse group of chemicals
- Pharmaceuticals are found in wastewater effluents, surface waters and other environmental media
  - On-going research
- Human health impacts appear to be low, but ecological impacts may be of concern
  - Challenges and data gaps remain
- Pharmaceuticals are currently not regulated, but industry initiatives address pharmaceuticals (particularly, AMR)

# Emerging Contaminants: MassDEP Framework

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**C. Mark Smith**

*Director, Office of Research & Standards*

*Massachusetts Department of Environmental Protection*



**Environmental Business Council of New England**

*Energy Environment Economy*

# MassDEP: An Update on Emerging Contaminants

C. Mark Smith, Ph.D., M.S.

Director, Office of Research and Standards, Boston, MA

Massachusetts Department of Environmental Protection

May 18, 2021



# Presentation Overview

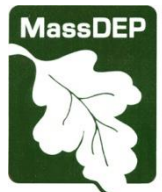
- What are emerging contaminants (ECs)?
- MassDEP's approach to ECs
- A few current ECs
- Conclusions

# What the Heck Are ECs? and What Makes Them “Emerging”?

- Typical “Emergent” Characteristics
  - No regulatory standard or out-of-date
  - Some important attribute “recently discovered” or updated
    - Toxicity
    - Occurrence

Perfluorooctanoic acid (PFOA)

- ECs may not be new chemicals
- Future regulation?



# “The EC Challenge” by the Numbers

- CAS REGISTRY<sup>SM</sup> > 100 million unique organic and inorganic chemical substances
- New substances every day: thousands

**Vs.**

- 650+ chemicals in EPA’s TRI list (EPA, 2015)
- 1,232 “CAS #s” listed in MOHML (MCP, Subpart P)



## So, what do we focus on?

# Evolution of MassDEP EC Efforts

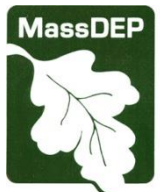
- **Pre-2007: *ad hoc* process**
  - Mercury 1997
    - Multimedia Agency wide effort
  - Perchlorate (Bourne)
    - Drinking Water/Waste Site Cleanup/ORS workgroup: 2002
    - 2006: MA drinking water standard and waste site cleanup standards adopted
- **2007:**
  - Emerging Contaminants Workgroup formed



# MassDEP's EC Workgroup

## Mission and Goals

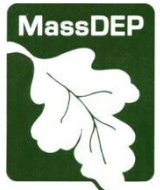
- Mission: “to centralize MassDEP’s focus on EC, foster information exchange and bring together a broad range of cross-program expertise”
- Goals include:
  - Increasing readiness by identifying new potential public health and environmental problems early on
  - Information sharing/coordination across programs/media
  - EC screening
  - Assist on EC-specific strategies to protect human health
- ORS/WES -- Lead; senior managers; BSWC; BAW; BWR; Regional Offices; DPH



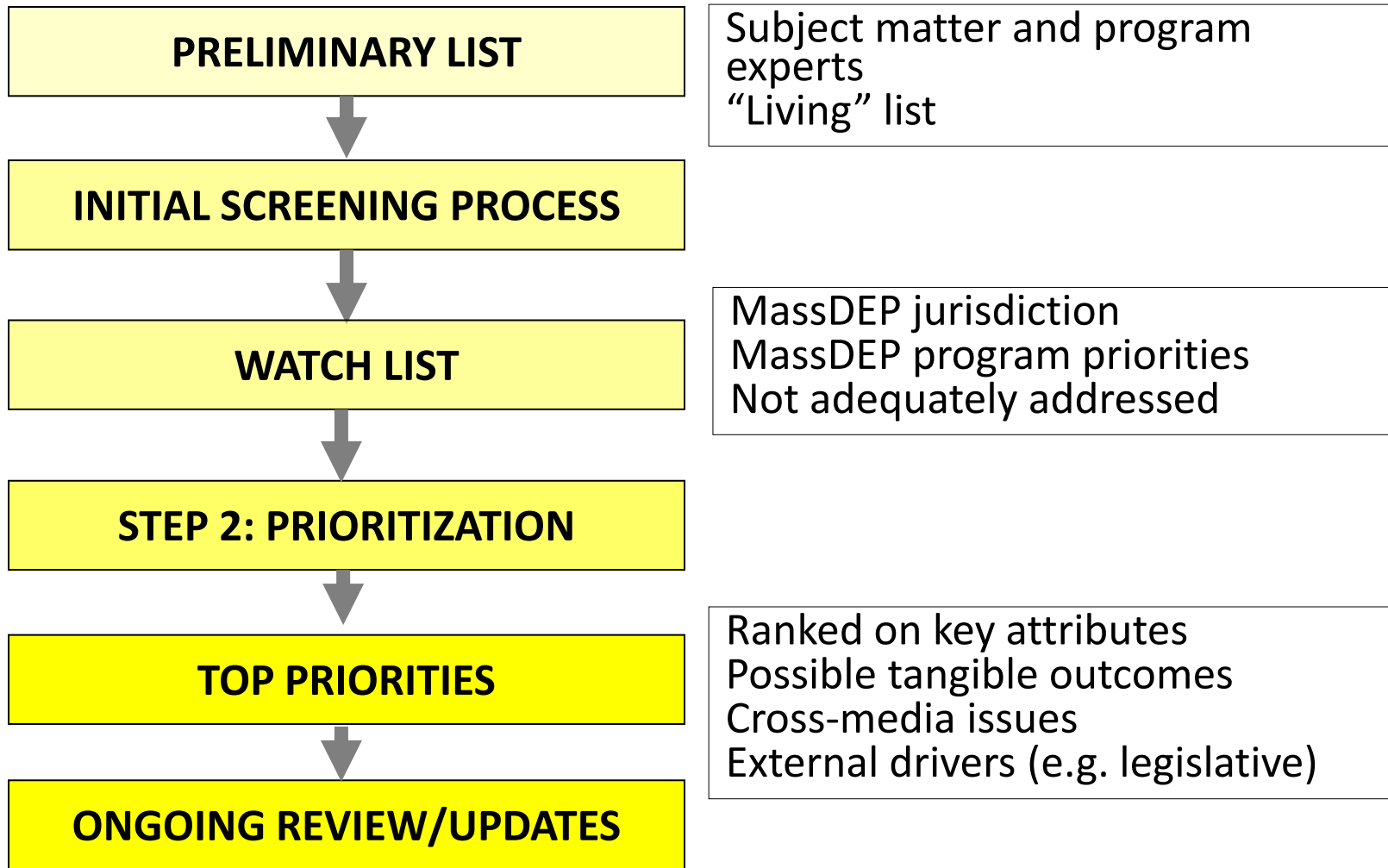


# MassDEP EC Definition

- Very broad definition
- Hazardous chemicals, biological agents, or radiological substances:
  - Threat to human health, public safety or the environment
  - Lack national health standards
  - Evolving risk information
    - Toxicology
    - Exposures
  - Significant new source, pathway or detection limit information
- May include naturally occurring or manmade chemicals
- Categorization issues: PFAS/PPCPs --- 1,000s



# MassDEP EC Screening Process



# MassDEP EC Prioritization Criteria

- Chemical characteristics of heightened concern:
  - PBT: Persistence, bioaccumulative, toxic
  - High P, B or T can be sufficient
  - Qualitative rankings for each
- Risks to children
- High exposure potential
  - Drinking water; Hazardous waste sites; Air exposures; Food-chain
- Tractable
- Significant Ecorisk
  - Especially impacts to species of concern



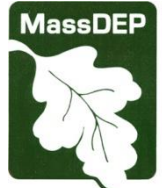
# MassDEP Initial Priority EC List

## 2015 Top Priority 10 ECs:

- Perchlorate<sup>1</sup>
- 1,4-Dioxane (UCMR-3)<sup>1</sup>
- Tetrachloroethylene (PCE)<sup>1</sup>
- Trichloroethylene (TCE)<sup>1</sup>
- RDX<sup>1</sup>
- Tungsten<sup>1</sup>
- PPCP<sup>2</sup>
- Cyanotoxins<sup>2</sup>
- Nanoparticles<sup>2</sup>
- Polybrominated diphenyl ethers (PBDEs)

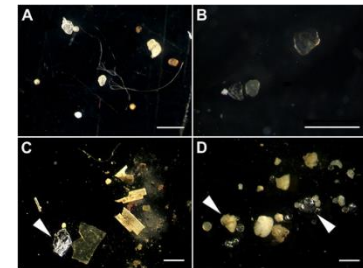
<sup>1</sup> MCP or MCL Standard(s) derived/revised since inclusion on EC list.

<sup>2</sup> Outreach, education, BMPs, guidance



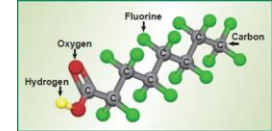
# Additions

- **Watch List**
  - Per- and polyfluoro alkyl substances (PFAS)
  - Microplastics
  - By-product PCBs
  - Flame retardants
- **Priority List**
  - Longer-chain PFAS subgroup
  - Flame retardants (Legislative)



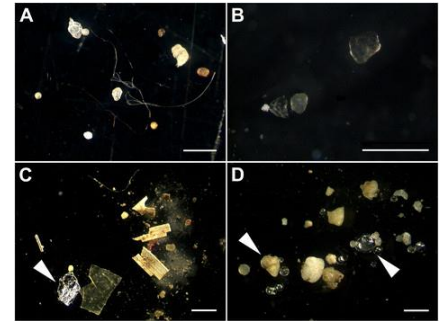
# PFAS Remain a Predominant Emerging Contaminant Group

- Thousands of compounds: how to categorize?
- PFAS6 subgroup addressed
  - PFOS; PFOA; PFNA; PFHxS; PFHpA; PFDA
  - Updated toxicity values
  - MCP standards/MCL
- Many remaining: Individual or additional subgroups?



# Plastics

- Persistent
- Large and increasing amounts
- Microplastics
  - Direct - microbeads
  - Indirect – microfibers -- weathering
- Effects?
  - Direct
  - Carrier
  - Monitoring challenges



Wagner et al., Environmental Sciences Europe. 26, 2014

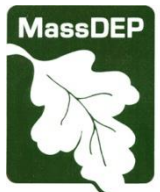
# Related Emerging Sources and Exposure Pathways

- PFAS Examples
  - Fluorinated containers as a possible source and exposure pathway
- Air-water interface
  - Potential for unique exposure situations



# Conclusions

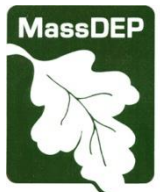
- Identifying and prioritizing ECs important and challenging
  - Public and environmental health challenges
  - PBT remain a focus
  - Regulatory Agencies/Regulated community
  - Program planning/resource needs + allocations/legal
- Science and regulations evolving
- Agency-wide internal workgroup
- PFAS an ongoing EC challenge



# Questions?

*C. Mark Smith, Director, Massachusetts Department of  
Environmental Protection Office of Research and  
Standards*

*617-292-5509*



# Moderated Discussion

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**Jeffrey Hershberger**

*Program Co-Chair & Panel Moderator*

*Senior Scientist  
ESS Group, Inc.*



**Environmental Business Council of New England**  
*Energy Environment Economy*